

Brief

How can you stand up for yourself in a way that is respectful but sends your message across loud and clear?

Task 1

STEP ONE:

Write out what you could say about the following issues.

The first one is done for you as an example:

1. The law and safe work

“I know it is against the law for me to do any work that could hurt me or other people”

2. Training and safe work
3. Equipment and safe work
4. Getting help from others
5. Personal Protective Equipment (Safety gear) and safe work

STEP TWO:

Discuss what all of you have written as a large group. Or get your teacher/supervisor to check your answers.

STEP THREE:

Detail why the following statements are negative ways of explaining your worries

about unsafe work and how you could say what you mean in a positive way:

1. “You don’t care what happens to anyone but yourself and that is how people get hurt”
2. This equipment is old and dodgy. It wouldn’t cost that much to buy new equipment. I’m not using it until something is done.
3. You can’t make me do anything. If I don’t think it’s safe, I won’t do it.
4. I don’t want to use those safety glasses. It’s too tight and ends up hurting my face.

Task 2

STEP ONE:

For your area at your school or workplace:

- Explain what the procedures are in the event of a fire;
- Attach a copy of the emergency evacuation procedure and explain who would give the instruction to evacuate and the location you would evacuate to;
- Name the first aid officers and identify the location of first aid kits; and
- Identify the types of any fire fighting equipment and who is to use them in the event of a fire.